

30
Years

COUNSELING

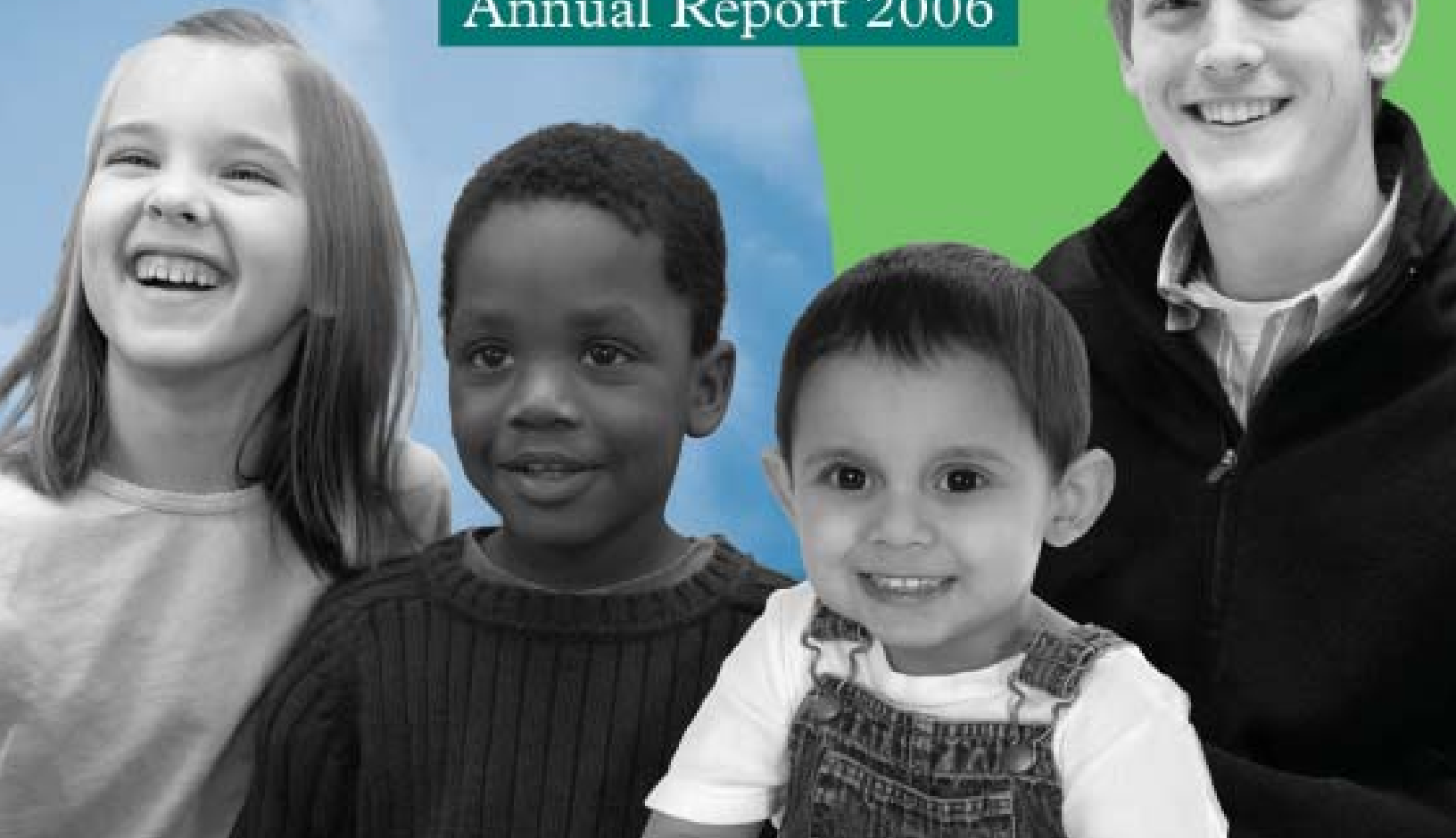
EDUCATION

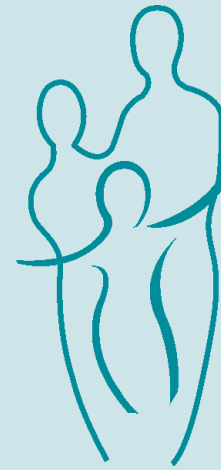
SUPPORT

Child & Family Center

Changing the Lives of
Children and Families

Annual Report 2006





Child & Family Center helps build a healthy Santa Clarita Valley by providing mental health, behavioral and educational services to children, adults and families.

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Celebrating 30 years! It's amazing how the Child & Family Center has grown and developed over the years into the comprehensive agency it has become. Thanks to the efforts our Marketing Committee, throughout the year the community learned of our celebratory milestone and the many services we provide to the children and families of Santa Clarita.

2006 was also a year of planning. Many new opportunities for funding became available for mental health and social services.

With additional services comes the need for more space and with that in mind, the Board of Directors decided to implement Phase II of the Centre Pointe Parkway building design. Construction commenced in June on a 10,000 square foot addition to the main building affording another 30 counseling offices. Also, construction started on an Education/Multi-Purpose Building that will offer space for large group meetings, seminars, graduations and parenting classes.

In September we said good-bye to Carol Gelsing, the C&FC Foundation president and co-founder of the Child & Family Center, who retired after 30 years of service. She is missed by all of us. We are excited to welcome Lois Bauccio as the new president of the Foundation. Lois brings much experience and expertise to her new position.

We are thankful for all of you who support the Child & Family Center by giving us your time, your expertise and your resources. Thank you for helping us in changing the lives of children and families that need our help.

Liz Seipel, CEO

Judy Fish, Chair



30 Years of Changing Lives

1976

St. Stephen's Special School begins with parents and their children ages 2-8 years, two afternoons per week to learn appropriate behaviors.

1982

Therapeutic Preschool opens. Board of Directors formed with 16 charter members. Agency becomes a United Way member.

1985

SCV Special Children's Center name is adopted. Center becomes a 501c3 Nonprofit agency. Offices and preschool open in Newhall. Center receives first government funding for services.

1987

Center provides delinquency prevention services.

1989

Children of all ages now receive services along with their parents. Outpatient counseling satellite offices open in Canyon Country & Newhall.

1991

Name is changed to Santa Clarita Child & Family Development Center, reflecting the comprehensive prevention and early intervention & treatment services.

1995

Center becomes Department of Mental Health contract provider for all mental health services for children in Santa Clarita Valley, including contracts for crisis intervention, and drug & alcohol prevention.

1998

The agency simplifies its name to Child & Family Center. Child & Family Center Foundation is formed to raise money and awareness for the Center programs and undertakes a capital campaign to raise money for the Center's own facility.

2000

Community raises \$2.2 million to fund Center's new facility. Groundbreaking ceremony. Construction begins.

2001

Staff moves into the 27,000 square foot facility on Centre Pointe Parkway.

2004

Center receives national award from the National Council of Mental Health Services for its innovative School Based Counseling Program.

2005

Construction begins on 10,000 square foot addition and 15,000 square foot Educational Building.

2006

Celebrating 30 years of Changing the Lives of Children & Families in Santa Clarita.



Mental Health Services

Outpatient Counseling

Therapists help children and adolescents suffering from **depression**, anger or hostility

- Improves self understanding
- Helps children express painful experiences
- Improves relationships

Crisis Intervention

Children or adolescents who have attempted or threatened **suicide** are seen immediately

- Help in overcoming the crisis
- Families learn coping skills

CaWORKs

Clients who may be suffering from **anxiety** or mood swings are helped to re-enter the workforce

- Help in finding employment
- Links to community resources

Therapeutic Behavioral Services

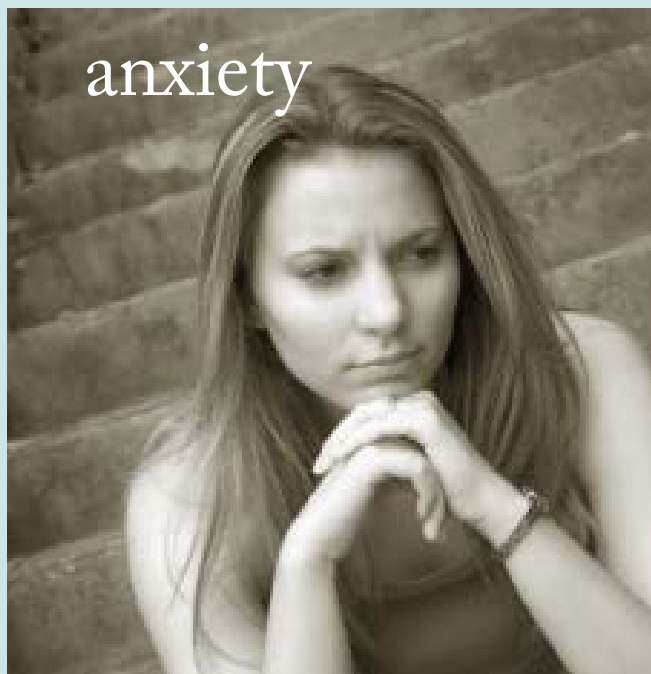
MediCal Clients with serious emotional or behavioral problems receive intensive services in their own homes

- One-on-one behavioral intervention improves client behaviors

Sequoia School

Severely emotionally disturbed adolescents receive special education and intensive outpatient services

- Students develop their unique strengths & abilities to reach their academic & emotional potential



Family Support Services

Foster, Adoptive & Kinship Care

Children who are in foster care, newly adopted or are being raised by family members are given therapy, support and guidance

Children learn to cope with feelings of **abuse or neglect**

Family members learn to cope with difficult behaviors



Family Preservation

Families who are at risk of having their child removed from the home receive critical services to improve family functioning

Decreases dependency on public welfare

Families are empowered to resolve their own problems

Potential for **abuse** is decreased

Family Links

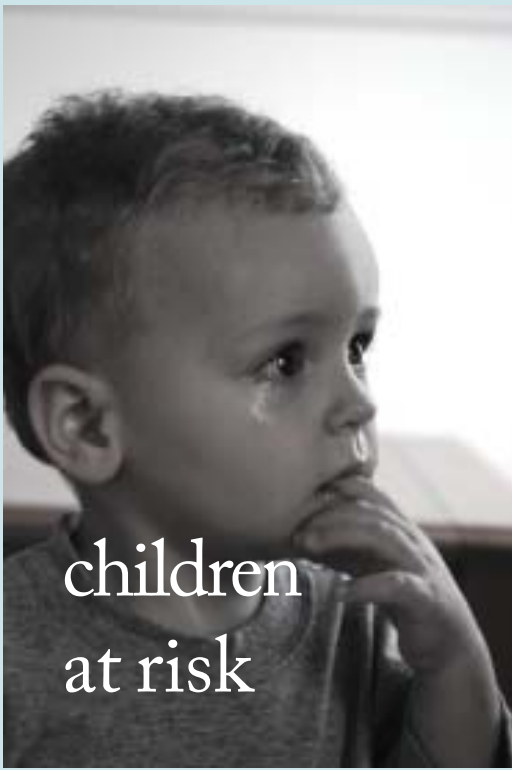
Help for families where one parent suffers from a mental illness and one or more of their children suffer from severe emotional or behavioral problems

Reduces family stress and crises

Improves family communication

Decreases **aggression**





children
at risk

Early Intervention

Infant Toddler Program

Parents of children ages birth to five are taught how to better relate to their child

- Strengthens the parent child relationship and reduces the **risk** of future problems

- Parents learn developmental stages of their child

Kids Corner Preschool / Daycare

Children from low-income families participate in preschool daycare program emphasizing social, physical, emotional and intellectual growth

- Higher learning potential for kindergarten success

Drug & Alcohol Treatment

Alternatives

Adolescents who have emotional difficulties and **substance abuse** problems receive treatment and recovery services

- Fosters recovery from substance abuse

- Empowers adolescents to make positive choices

- Mends family relationships

DAPEC

Drug & Alcohol Prevention Education Curriculum

Five-day intervention education program on substance use for students in grades 7 through 12 who are caught with or at risk of using drugs or alcohol

- Promotes positive self esteem and healthy choices

- Positive alternatives for a drug-free life

substance
abuse



Cindy used any sharp instrument to cut herself. Razor blades, safety pins, broken glass...they all worked. Cutting was the only way she knew to relieve her sadness. She couldn't cope with her emotions and the cutting offered some sense of relief and calm.

Cindy's mother was alarmed when she discovered the scars Cindy's arm. She immediately contacted the Child and Family

Center for help. Her therapist established a safety plan. All sharp objects were removed from the home. Cindy's mom kept a close watch on her, and even slept with her to make sure she didn't resort to the cutting.

Over the next five months, Cindy's therapist helped her realize where her pain stemmed from. Cindy had been dating her boyfriend for a year, and during that time he had become increasingly verbally abusive. Afraid to lose him, Cindy tolerated the abuse and had begun to believe the horrible things he said about her. This broke down her already fragile self esteem and she resorted to cutting.

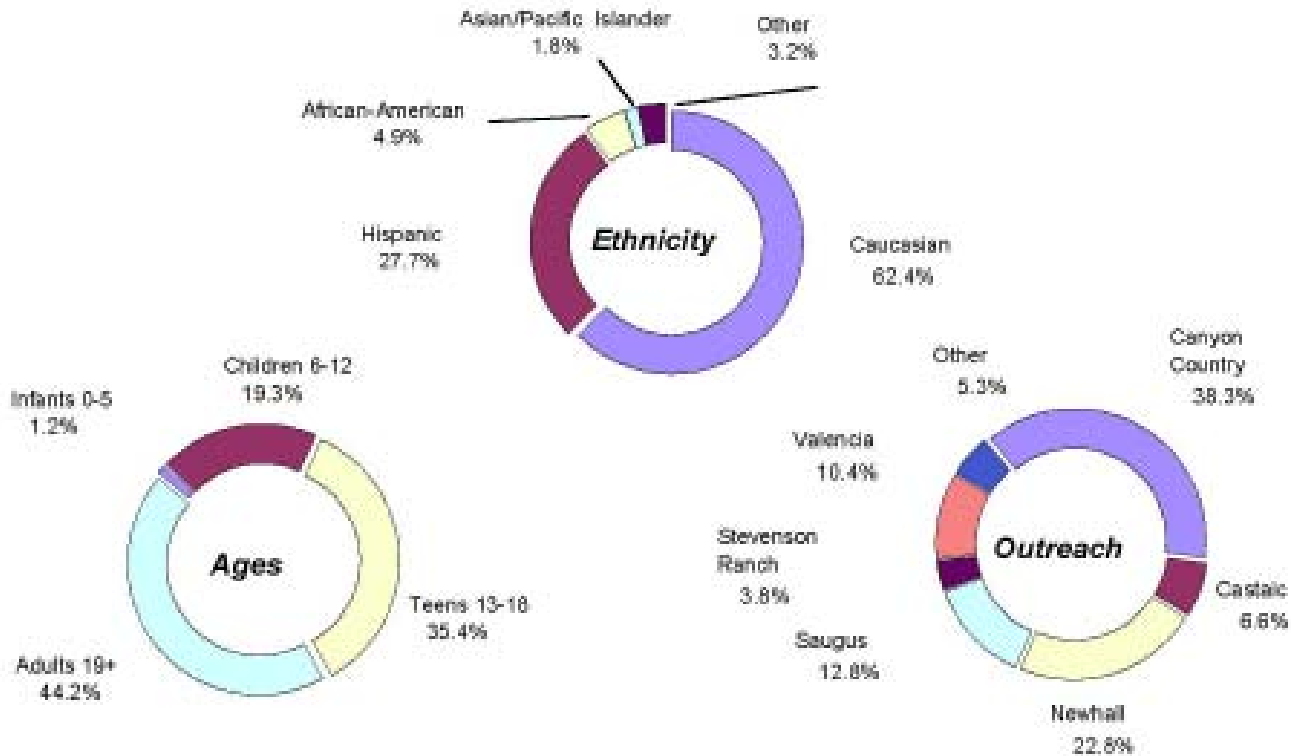
Cindy's therapist helped her regain a better image of herself, and realize that she should not put up with the abuse. Cindy learned how to communicate her feelings, and the coping skills to manage her emotions without cutting. Today, Cindy is much more open, has ended the abusive relationship and hasn't turned to cutting herself.

Child & Family Center maintains strict confidentiality with all of our clients. The story above is fictional but based on a real case example.

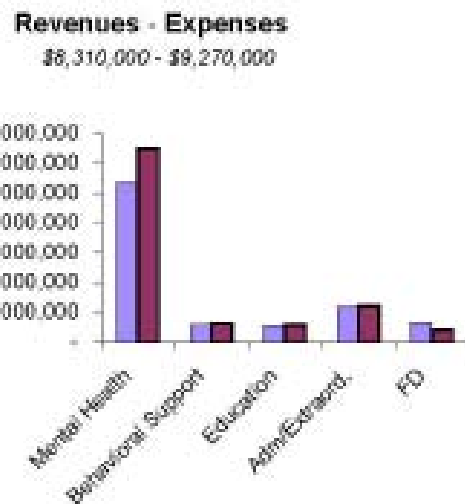
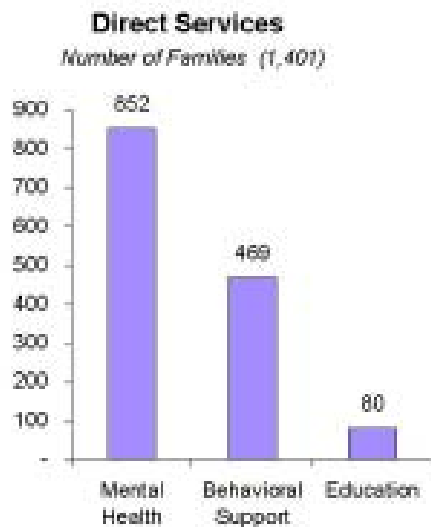
See how you can help make a difference:

www.childfamilycenter.org

Serving 4,174 Children & Adults



Programs and Services



In Addition, the Center has provided community outreach services reaching over 15,604 community residents

Child & Family Center Foundation

Now in its 9th year of operation, the Child & Family Center Foundation has just completed a period of major change with the retirement of its founding President, Carol Gelsinger. She has left behind a legacy of dedication to our community's children, and the enthusiasm she shared with everyone she met on behalf of the Center will bring dividends of support for decades to come.

In addition to Carol's departure, the Foundation leadership has seen further change with the move to Washington State of our outstanding Chairman, Paul Frease, and the installation of Bill Cooper in that position. Like Paul and Carol, we have a deep commitment to the children of our community. Our focus will always be firmly placed on the growing and urgent needs to serve them.

Both of us, together with an incredible volunteer board, are grateful to all those in the community who have strengthened the Child & Family Center Foundation through their gifts of time and personal treasure. Special thanks to all the donors whose names appear in the pages of this annual report. We know we have a tradition of leadership excellence to uphold, and with your on-going support and that of the talented staff at Child & Family, we pledge to do all that we can to serve those in need. Thank you for entrusting us with this important mission and for supporting us in our endeavors.

Lois Bauccio, President

Bill Cooper, Chair



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Center Co-Founder Retires

2006 marked a significant milestone for the Center. Carol Gelsinger, President/Executive Director of the Child & Family Center Foundation since its inception in 1998, retired. Under her leadership, the 35 member Foundation board raised \$2.1 million in a capital campaign to fund construction of the Center's main facility on Centre Pointe Parkway and thousands of dollars to help support the many programs for children in our community.

Carol co-founded the Child & Family Center with Liz Seipel in 1976. The two recognized the need for children who were having trouble in school and at home and started the Special Children's School. Over the years new programs were developed to meet the needs of the growing community. Carol held various positions including Program Director responsible for starting the Therapeutic Preschool, Director of Administration and Director of Development.

In addition to serving the Center for 30 years, Carol was also an active member of the community, involved with Henry Mayo Newhall Memorial Hospital, SCV Soroptimist, Santa Clarita Chamber of Commerce, Valencia Industrial Association and a board member of Children's Dental Health Foundation.

Carol and husband Roger moved to Virginia where they can be closer to their children and grandchildren. Her endless energy and enthusiasm will be greatly missed.

Taste of the Town

Over 2,000 guests sampled culinary delights from 44 restaurants at the 18th annual Taste of the Town. \$180,000 was raised to support the Center programs.



8th Annual Child & Family Center Golf Invitational

Over \$100,000 was raised at the 8th annual golf tournament held in July.



Kid Expo

7,000 children & parents discovered What's Cool for Kids in Santa Clarita at the 4th annual Kid Expo in October.



Corporate Family

Thank you to our Corporate Family Members, who support the Center throughout the year.

Alan Barbakow, DDS
Andel Engineering
Blazey Accountancy Corp.
Criterion Wealth Management
GG Industries
Gruber Systems
HackerBraly
Intertex
Julie Sturgeon, CPA
Land America Gateway Title
Lennar
Newhall Land
Terry Martin, CPA
Valencia Acura
WesLar, Inc.
Westfield Valencia Town Center
Witkin Family Trust

Foundation Grants

Thank you for the generosity from the following Foundations.

S. Mark Taper Foundation
\$100,000
Education & Training Room
Ahmanson Foundation
\$50,000
Building Expansion
In & Out Burger Foundation
\$5,000
Foster-Adopt Services
Kaiser Permanente
\$30,000
Computer System
Weingart Foundation
\$200,000

Community Support

We are deeply grateful for the support of all of our donors. The donor list in this report reflects the total gifts received during fiscal year 2005-2006. If we have inadvertently omitted your name, please accept our apologies and contact the Foundation office.

\$10,000 & Up

GG Industries
Gruber Systems
Newhall Land
Valencia Acura
Weslar, Inc.

\$5,000-\$10,000

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Vital Express

\$2,500-\$5,000

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Western Airparts

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