

Empowered Parents of Teens

FREE group for parents and caregivers of adolescents 12-17

10 –week class provides education and support to help parents understand teen issues:

- Improving Communication
- Making Good Choices
- Drug and Alcohol prevention
- Negotiating and Enforcing Limits



*Prevent problems **BEFORE** they start!*

Classes are held
every Thursday from 6:00 - 7:30 pm
You may join the group at any time. Childcare provided.

For more information and to register, contact:
Christine Waldron at Child & Family Center
661-259-9439 x3142