

School Based Services

Program Overview

Child & Family Center therapists provide counseling and mental health services at various school sites for elementary, middle and high school students with behavioral or emotional challenges.

The program benefits students by helping them to become more focused on learning and able to better participate in their community.

The program can include:

- Individual, family, and group counseling
- Help for children having difficulties functioning in a classroom setting
- On-site therapists provide support to both the student and the classroom teacher
- Therapists may observe classroom interactions and are available for consultation with teachers, counselors, school psychologists and administrators to offer appropriate classroom interventions for the teacher in working with the student
- Referrals to staff psychiatrists are made as deemed necessary and appropriate.



Accessing Services

- Teachers, staff, and administrators refer students to Child & Family Center, and parents can self refer.
- The student, family, and therapist, will work together to outline an effective treatment plan.
- Students are seen during normal classroom hours and families can be seen after school, either at the school, home, in the community or the Child & Family Center.
- Successful therapy requires a commitment from the student and his/her family, and the therapist. This requires regular attendance at individual and/or family sessions.

Confidentiality is a key component to the success of the program. Staff Therapists will welcome information from the referral source, but will adhere to all standards and practices of the mental health profession. This provides students with security and confidentiality. Exceptions can only be made if the students are a danger to themselves or others, there is a court order, or there is suspicion of child abuse or endangerment.

Prevention & Early Intervention Groups

Early Intervention Groups are facilitated by Child & Family Center and are held at either school campuses or at Child & Family Center

Raising the children's awareness of important issues, they learn interventions that can be used in changing challenging behaviors and ways of thinking.

Elementary school topics

- Building Self Esteem
- Controlling Anger
- Coping with Divorce Stress
- Getting Along with Others
- Good Citizens Club
- Grieving - Learning from Losses
- Peace Making Skills
- Taking Responsibility

Middle school topics

- Coping Skills
- Girlfriends - Understanding & Managing Friendships
- Issues from a Male Perspective
- Male/Female Relationship Issues
- Managing Anger
- Middle School Transition
- Relationships at Home
- Understanding Cultural Differences

Please speak with your child's teacher or school counselor for referral to participate.

Funded in part by



CENTER OVERVIEW

Since 1976, Child & Family Center has helped thousands of children and their families by providing comprehensive prevention, early intervention, diagnostic evaluation and therapeutic services for children, teens, adults and families.

Programs include

- Individual, family and group counseling
- Substance Use education and treatment
- School Based Counseling
- Crisis Intervention
- Intensive in-home care
- Domestic Violence Services

Our staff of professionals includes child psychiatrists, licensed psychologists, licensed clinical social workers, marriage family and child therapists, case managers, and therapists who work in collaboration to provide the best possible care.

We collaborate with school districts, social service agencies, LA County Department of Mental Health, L.A. Substance Abuse Prevention Control, among others to provide the best possible care for our clients.

The basic philosophy underlying all of the Center's programs is that early intervention and guidance in an individual's life can prevent more serious problems from developing.

Child & Family Center is a 501c3 non-profit and certified Medi-Cal Community Mental Health Center. Services are funded through federal, state and county contracts, grants, private donations and provided on a sliding fee scale. The Center is not affiliated with Department of Child & Family Services or the school district.



The Child & Family Center helps build a healthy Santa Clarita Valley by providing mental health, behavioral and education services to children, adults and families.



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