



# Child & Family Center

Summer 2005

## Golf Tournament A Big Success!

Thank you to everyone who helped to make our 7<sup>th</sup> annual golf tournament a tremendous success. We raised over \$109,000 – our biggest and best ever! Our committee, chaired by John Heys and Diane Ayres, did an outstanding job. Steve Sturgeon as sponsor chair was fantastic! We could not have succeeded without his efforts. Special thanks to the over 50 volunteers who braved the hot sun to help the day run smoothly.

This event would not have succeeded without the generosity of the many corporate donors and individuals who supported the tournament. I'd like to recognize our tournament sponsors: GG Industries - Presenting Sponsor; LandAmerica Gateway Title - Dinner Sponsor; Keystone - Mulligan Man Sponsor; Vanir Construction Management - Trophy Sponsor; Stone & Youngberg - Auction Sponsor; Anna Ott and Bernards Bros. - Lunch Sponsors; RSVP Catering - Breakfast sponsor; City of Santa Clarita - Gift Sponsor; California Financial Services - Beverage Sponsor; and Moss Adams, LLP.

Thank you to all of our Sponsors: Gold: Newhall Land, WesLar Framing Inc., Valencia Acura, American Pacific Industries, Heys Plumbing, Grubb & Ellis, Magazine of Santa Clarita, Versales, Independent Studio Services, Lockheed Federal Credit Union, Santa Clarita Studios, Julie M. Sturgeon CPA, Penfield & Smith, HackerBraly, LLC, Western Airparts and C.W. Driver.; Silver: Intertex, Capital Office Products, Scott Construction, Blue Barrel Disposal, Richard Slade & Associates, Zion First National Bank. Corporate teams: Bank of Santa Clarita, PJHM Architects, Kellar Davis Realty, Pinnacle Estate Properties, Lentini Insurance and Safety Investigative Services.

Again, many thanks to everyone. Your contributions will help to provide a therapist on school campuses throughout Santa Clarita. We hope you'll join us again next year!

*Carol Gelsinger, Foundation President*



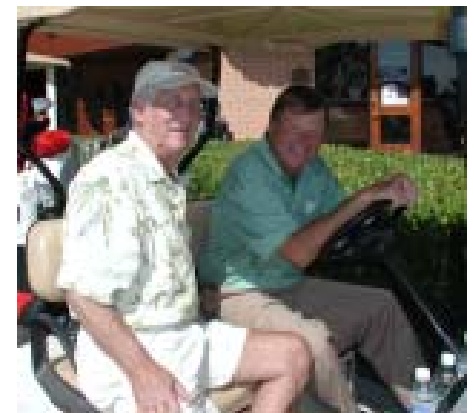
*Steve Sturgeon thanks Dinner Sponsor John Geraci of LandAmerica Gateway Title*



*Women's winning team: Diane Ayres, Tammy Becker, Candy Spabr and Diana Cusumano.*



*Volunteers Barbara Stearns-Cochran & Joyce Carson.*



*Mitch Davis & Bob Kellar*



*Jeff Kreitzman and his winning team from American Pacific Industries, Inc.*

### **Outpatient Counseling**

Behavior problems  
Improving relationships  
Delinquency prevention  
Child abuse prevention  
& treatment  
ADHD treatment  
Individual, Family &  
Group Therapy

### **Crisis Intervention**

Stabilization  
Hospitalization if needed

### **School-based counseling**

Therapists on campus

### **Substance Abuse**

Prevention:  
DAPEC program  
Treatment:  
Individual counseling  
Family counseling  
Support groups

### **Parenting Classes**

Improve communication  
"Out of Control" Teens

### **Foster, Adoptive & Kinship Care Services**

Counseling  
Support Services

### **Family Preservation Program**

### **Preschool/Daycare**

### **School Based Intensive Outpatient Program**

School program for  
students ages 12 and over  
who have severe  
emotional problems

### **CalWorks**

Help for adults entering  
or returning to work

# Center Programs

## Center

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## Foundation

### Board of Directors

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## Liz Seipel, CEO visits Congressman Howard "Buck" McKeon at his Washington D.C. office

The summer has flown by and school is again starting for our children in Santa Clarita Valley. Our programs, like our School-Based Services, begin to get busy. One of the highlights for me this summer was going to Washington, D.C. and having lunch with our Congressman, Buck McKeon in the Capital dining room. He was very gracious, and besides reminiscing about the "old days" in

Santa Clarita Valley, we discussed the need for mental health services for children. We especially talked about the need for mental health screenings that would identify children with potentially serious and maybe even fatal mental health disorders. Research indicates that early intervention and treatment of mental illness reduces the damaging, long term effects that come from untreated mental illness. The sooner we can help them, the less they suffer, the greater their potential for success, and the better their lives will become. That goal has always been a part of the Child & Family Center's purpose. It's reflected in our programs as we provide therapists on school campuses, participate in PIP (Primary Intervention Program) with the elementary school districts, use a staff therapist to consult with teachers about preschoolers' behaviors in our Kids Corner Preschool, and provide information to students about substance abuse in our DAPEC (Drug Alcohol Prevention Education Curriculum) program. We are very excited that with the passage of Prop 63, the Mental Health Services Act, there is part of the funds that are dedicated for Prevention and Early Identification programs. With this new funding there will begin to be an increase in the number of children identified early, and resulting in fewer children with mental health disorders left untreated. We will be going from a FAIL-FIRST TO A HELP-FIRST MENTAL HEALTH SYSTEM.



Join the Child and Family Center in celebration of our 30th anniversary. 2006 marks our 30th year of providing mental health services for children and families in the Santa Clarita Valley. During the year, look for special events, celebrations and interesting facts to help celebrate this milestone!

## Mervyn's Child Spree

Eighty children from Child & Family Center enjoyed a day of back to school shopping at Mervyn's Child Spree on Saturday, August 6

Local realtor Paul Atkins of ReMAX and the CMA Resource Network Group, raised over \$8,000, supplementing the \$2,000 provided by Mervyn's. Each child received a \$100 gift card for shoes and clothing and had a volunteer chaperone to help them make their selections.

"It's so rewarding to see the smiles on the children's faces at the end of the day. It's a day just for them," said Paul Atkins. Each year thousands of kids throughout the country shop for brand new clothes courtesy of Mervyn's and local nonprofit partners. To date, over 160,000 kids have participated in ChildSpree in the last 12 years nationwide.



*Volunteer chaperone Cesar helps Jesse choose clothes at ChildSpree.*

# How to Avoid Taxes & Create a Legacy!

“Planned Giving” is something that many have heard about but don’t truly know what it is. A planned gift is something which is planned to be given to a charity at some point in the future. These gifts are usually the result of a plan that was put in place to completely avoid or reduce a tax. Most of the largest gifts to charity are a result of a “planned gift.” The dilemma for most people is knowing when the planning is applicable and where to find it. The Child & Family Center is now your place to find reliable, advanced planning, which can help you with your Estate, Capital Gains & Income Tax planning.

We have recently set up a system which will allow us to assist the community in finding ways to minimize or reduce a tax situation, using very accepted planning strategies. With the help of an organization called Philanthropy International, we now have the ability and desire to educate our community about the many strategies available to make your next gift a little less expensive or potentially reduce or eliminate a tax liability. We will be showing these strategies through a series of educational seminars, not only for individuals and business owners but for this community’s professional advisors. Our goal is to make it possible for anyone with a potential tax problem to have a trusted place to go for a solution, either independently or through their advisor. Because of the advanced nature of some of this planning, many professional advisors (CPAs, Attorneys & Financial Advisors) are not aware of many of the options. We will do our best to change that.

This program was put together by two of our Foundation Board members, Jerry Citarella who is co-chairing the committee efforts with Chris Ingram. Jerry Citarella has over 15 years of experience in the Financial Services Industry and has been helping charities with their planned giving needs for over five years. His firm has generated over \$100 million in gifts to charities through their planned giving efforts to date. Through his experience and his relationship with Philanthropy International, the Child & Family Center is now positioned to help our community with their planning needs. Jerry has been a resident of the Santa Clarita Valley for almost 12 years and is committed to focusing his efforts here. He runs a local office of Pacific Advisor’s Inc., based out of Claremont CA, which is a boutique financial planning firm, specializing in advanced Estate & Tax-Exempt Planning. Jerry’s co-chair, Chris Ingram, is with Woodbury Financial, is also a long time resident of the Santa Clarita Valley and truly looks forward to bringing his expertise and dedication to this program.

*The IRS is willing to forgive a tax if you are willing to plan a gift. Let us show you how.*

Our first seminar will be September 27<sup>th</sup> at Valencia Country Club and will focus on showing individuals with appreciated assets, most specifically investment real estate, how to sell it and potentially pay no capital gains tax. There will be an afternoon and an evening presentation. If this is of interest to you, please call the Center for more information. This is the first of many workshops that will be given throughout the year. In the meantime, if you have a potential tax situation, feel free to call the Child & Family Center for assistance: 255-6847 ext.3018.



## Infant Toddler Program

*Strengthening the bond between parent & child*

*Five-month old Kaya cries and cries every night. Her parents try everything they can think of to comfort her: rocking, walking, massaging her tummy and singing to her. Sometimes it takes 20 minutes to calm her down, sometimes hours. Finally they turn to the Child & Family Center’s Infant Toddler Program for help.*

Working with a therapist, they learn that infants use gestures, movement and sound to communicate their feelings and needs. They learn to observe little Kaya, and to figure out what her cries are telling them. Instead of giving up in frustration, they let her know she is loved. As they respond consistently to her needs, they are helping her learn skills that allow her to soothe herself.

The Center’s Infant Toddler program is for parents with children ages birth to five. The program is designed to nurture the relationship between parent and child and to reduce the risk of future problems for the child. Parents participating are taught a warm and intimate way of relating to their children. Therapeutic play is used to help parents understand their child’s developmental stages, open up communication and strengthen the parent-child relationship. In addition, parents and children are given a screening and assessment, developmental evaluation and family counseling as well as referrals to community resources.

## Young Grads

Congratulations to the 34 children from Kids Corner Preschool who graduated on to kindergarten in June.



# Child & Family Center Foundation



## What's Cool for Kids in SCV?

Do your kids ask you "What's Cool for Kids in Santa Clarita?" Find out at the Child & Family Center's third annual Kid Expo, Sunday, October 16. The FREE event will be at Golden Valley High School, 20501 Golden Valley Road, from 11am to 4pm. The Magazine of Santa Clarita is the title sponsor.

Kid Expo features exhibitors from throughout the Santa Clarita Valley showcasing services and activities for children. From sports to karate, dance to art, gymnastics to books and tutors, kids and parents can discover the many activities available for kids. There will be fun, games, arts and crafts, reading and storytelling, music, sports and entertainment. Local kids will perform dance, gymnastics, karate and more on stage. A Book Faire will have a variety of age appropriate books for children.

Kid Expo will provide families with entertainment and valuable information, but even more importantly it will give parents and children an opportunity to

spend quality time together. Research has shown that parental involvement in their child's life is imperative to their growth and development. Involvement in extra-curricular activities helps develop a child's physical and mental health and self-esteem, thereby helping them grow into a healthy, well-rounded adult.

Media sponsors include KHTS-AM 1220, Santa Clarita Valley Living Magazine, All About Kids, Centric Advertising and The Signal. Presenting sponsors include Dr. Alan Z. Barbakow and W.S. Hart School District. Premier sponsors include Newhall Land, WesLar Framing and Citadel Environmental Services. Major sponsors include Blazey Accountancy Corp, Valencia Acura and the California Endowment. Event sponsors include, Intertex General Contractors, Capital Office Products, Santa Clarita Valley PTA, BJS Insurance Services, Gymboree of Valencia, Santa Clarita Lanes and Bright Star Pediatric Physical Therapy. Mountasia is the Road Map sponsor.

Visit us online at [www.kidexposcv.com](http://www.kidexposcv.com) to find out more and then come join in the celebration of the fastest growing kids' event in Santa Clarita. For more info, contact the Center at 255-6948 ext. 3018.



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