

COMMUNITY RESOURCES IN SANTA CLARITA VALLEY & ANTELOPE VALLEY: PAIN AND NUTRITION

This resource list is a snapshot of services that you might need if you are having problems with pain or nutrition. It will help you locate assessment and treatment services in the community.

Disclaimer: This list is informational only and should not be considered a recommendation or replace medical advice. Child & Family Center does not endorse any organization listed nor does it assume liability regarding the quality of services provided by any resource provided herein.



211 LA County

<https://www.211la.org/search-resources>

Online guided search for resources in LA County. For any other inquiries, **Dial 2-1-1**. Assistance available 24 hours a day, seven (7) days a week. It is confidential to call. If you have a life-threatening emergency, **Dial 9-1-1**.

Health Services Los Angeles County

<https://dhs.lacounty.gov/wps/portal/dhs/services/>

Whether you need immediate care, a check-up, or ongoing care for a chronic medical condition, Los Angeles County Department of Health Services offers a spectrum of quality services through its integrated health system of clinics and hospitals. Browse major services to begin your path to good health.



Support regional homeless and/or insecure youth and adults with resource information using mobile (WIN – What I Need) and web-based tools. Learn more here.

Web: <https://www.ourchildrenla.org/> Mobile App: <https://www.ourchildrenla.org/win-app/>

MEDICAL & DENTAL RESOURCES

Agency/Provider		Contact Information	
Denti-Cal Dental coverage with Medi-Cal.		(800) 322-6834 www.denti-cal.ca.gov	
Samuel Dixon Family Health Centers. Provides Physicals; Women's Health; Select Dental Care; Chronic Disease Management; Health Education; Specialty Referral		23772 Newhall Avenue Newhall, CA 91321 (661) 291-1777 Other locations: Canyon Country, Val Verde	
Mid Valley Comprehensive Health Center Primary care services for adult and pediatric patients. Specialty services include women's services, cardiology, ancillary and diagnostic services, health education, and nutrition services.		(818) 947-0230 www.dhs.lacounty.gov	
Northeast Valley Health Corporation. Nutrition assessment; dental services; health education	18533 Soledad Canyon Road Santa Clarita, CA 91351 (661) 673-8800	12756 Van Nuys Blvd. Pacoima, CA 91331 (818) 896-0531	1600 San Fernando Road San Fernando, CA 91340 (818) 365-8086
El Proyecto del Barrio. Part of the Community Clinic Association of Los Angeles County. Provides Chronic Disease Management, Dental Services, Health Education, Prenatal Care		Clinics located in Van Nuys, Arleta, Northridge and Panorama City (213) 201-6500	
Henry Mayo Hospital. Not-for-profit community hospital and trauma center with emergency department		23845 McBean Pkwy Valencia, CA 91355 (661) 200-2000	
Antelope Valley Community Clinic (Lancaster). Urgent Care / Walk-In Clinic/ Health and Wellness		45104 10th Street West Lancaster, CA 93534 (661) 942-2391	
Antelope Valley Community Clinic (Palmdale). Primary Care, Dental, Prevention & Education		2151 E. Palmdale Blvd. Palmdale, CA 93550 (661) 942-2391	37926 47th St East Palmdale, CA 93550 (661) 942-2391
Antelope Valley Hospital (Lancaster). Full-service, acute-care hospital and trauma center with emergency department and inpatient Mental health		1600 W Ave J Lancaster, CA 93534 (661) 949-5000	



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PAIN MANAGEMENT RESOURCES

Agency/Provider	Contact Information		
Universal Pain Management Multidisciplinary facility for pain relief. Doctors focus on helping people whose chronic pain.	24355 Lyons Ave # 100 Santa Clarita, CA 91321 (661) 255 5232 28212 Kelly Johnson Pkwy #155 Valencia, CA 91355 (661) 367-9788	West Palmdale 819 Auto Center Drive Palmdale, CA 93551 (661) 267-6876	Sherman Oaks 4835 Van Nuys Blvd Suite 210 Sherman Oaks, CA 91403 (818) 850-2243

NUTRITION RESOURCES

Agency/Provider	Contact Information		
Women, Infants and Children Program (WIC). Federally-funded health and nutrition program for women, infants, and children. Helps families by providing nutrition education and issuing checks for healthy supplemental foods.	(888) 942-9675 (All Service Areas) www.wicworks.ca.gov		
Comprehensive Perinatal Services Program (CPSP). For Medi-Cal pregnant women, from conception through 60 days postpartum. In addition to standard obstetric services, women receive enhanced services in the areas of nutrition, psychosocial and health education.	Northeast Valley Health Corporation 23413 Lyons Ave Santa Clarita, CA 91355 (661) 593-7500 23763 Valencia Blvd Valencia, CA 91355 (661) 705-2040		
Valley Food Bank. Multiple food pantries located throughout the San Fernando Valley. Food Pantry times and locations may change without notice.	Calvary Baptist (Life Center) 12900 Vaughn St. San Fernando, CA 91340 (818) 470-1480 https://valleyfoodbank.org/about/		
Eating Disorder Referral and Information Center. Provides information regarding eating disorders and referrals for eating disorder specialists and support groups.	Online information only. www.edreferral.com/index.html		
Food and Nutrition Information Center - National Agricultural Library Foundation. Provides online science-based information about food and nutrition. Website contains over 2500 links to current and reliable nutrition information. Call to talk to a Nutrition Information Specialist Mon - Fri 8:30am - 4:30pm Eastern.	(301) 504-5414 http://fnic.nal.usda.gov/about-fnic		
Head Start. Provides early childhood education programs and services for low-income children, from birth to age five, and their families.	<u>Child Care Resource Center</u> SAN FERNANDO VALLEY 20001 Prairie Street Chatsworth, CA 91311 (818) 717-1000	<u>Child Care Resource Center</u> ANTELOPE VALLEY 250 Grand Cypress Avenue Palmdale, CA 93551 (661) 789-1200	<u>Volunteers of America</u> 24240 La Glorita Cir Santa Clarita, CA (661) 290-2829

