



# CHILD & FAMILY CENTER **MARRIAGE AND FAMILY THERAPY PRACTICUM PROGRAM**





## MESSAGE FROM OUR CHIEF EXECUTIVE OFFICER

### WHY CHILD & FAMILY CENTER

We are excited that you are considering Child & Family Center for your training site. For over 40 years, Child & Family Center has continued to build on what our founders started, providing quality care and services to children and families in need. Our agency is deeply embedded within the community and has long and rich history with our community partners and other non-profit agencies providing early childhood services all the way to young adulthood and beyond. This opportunity gives you the wonderful opportunity to build your clinical skills in a truly community-based setting and collaborative agency with exposure to a full continuum of services and settings.

### OUR PROGRAM HIGHLIGHTS

With Child & Family Center, trainees work in various departments and programs within the agency such as our outpatient mental health program, on-site services, early childhood mental health programs, domestic violence / intimate partner violence program, parenting classes and our substance use prevention and treatment services. You will gain exposure to the varied roles that clinicians play in community-based mental health settings.

### LOOKING AHEAD WITH YOU

At Child & Family Center, you will find dedicated, caring and compassionate staff. We are a data-informed and community driven agency. We value growth, training, initiative, and innovation and strive to ensure a culture where learning is ongoing and embraced. We look forward to you being a part of our mission and journey.

Sincerely,

*Nikki Buckstead*

Nikki Buckstead  
Chief Executive Officer  
Child & Family Center



## ABOUT THE CHILD & FAMILY CENTER

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Child & Family Center (“C&FC” or “Agency”) is dedicated to helping children, families, and adults to thrive and reach their full potential. Established in 1976 as St. Stephen’s Special School, the Agency’s founders saw a need to assist children with emotional, learning, and behavioral problems. Helping parents and caregivers learn better ways to parent children was a priority. Evolving into the Santa Clarita Valley Special Children’s Center in 1985, counseling services were added for teenagers and their parents. Now known as the Child & Family Center, the Agency has grown into a provider of comprehensive prevention, early intervention, diagnostic evaluation, and therapeutic services for children, teens, adults, and families who live in the Santa Clarita Valley, Antelope Valley, and surrounding areas in Los Angeles County.

Our agency mission is: **Changing Lives. Healing Relationships. Helping People Thrive – Strengthening families today for stronger communities tomorrow.**

Child & Family Center helps thousands of children, their families, and the community by providing comprehensive prevention, early intervention, diagnostic evaluation and therapeutic services for children, teens, adults and families. Programs include:

- Individual, family, and group counseling
- Substance use prevention, education, and treatment
- School services
- Intensive in-home care
- Domestic violence / Intimate Partner Violence services, which includes a confidential shelter for bridge housing
- Parenting classes

The staff of mental health professionals includes adult and child psychiatrists, psychologists, clinical social workers, marriage and family therapists, and case managers who work in collaboration to provide the best possible care.

Our agency collaborates with school districts, social service agencies, Los Angeles County Department of Mental Health, Los Angeles County Department of Children & Family Services, Los Angeles County Department of Public Health, Substance Abuse Prevention and Control, among others, to provide the best possible care for clients. The basic philosophy underlying all the Agency’s programs is that early intervention and guidance in an individual’s life can prevent more serious problems from developing.





## THE TRAINING SETTING

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Child & Family Center is a 501(c) (3) nonprofit, public-benefit corporation. Our main campus is located in Santa Clarita, CA, with an outpatient clinic in Palmdale, CA; both located in Los Angeles County. We are Medi-Cal and Drug Medi-Cal certified in the state of California, and a Medicare-eligible provider through the Centers for Medicare & Medicaid Services and have other various third-party funding arrangements to support the clients we serve.

Our agency is accredited by *The Joint Commission*, received the *GuideStar Platinum Seal of Transparency*, and is a member of the *Association of Psychology Postdoctoral and Internship Centers (APPIC)*.

[www.jointcommission.org](http://www.jointcommission.org)



[www.guidestar.org](http://www.guidestar.org)

Dedicated to meeting the mental and behavioral health needs of children, adolescents, adults, and their families, a range of services are provided such as counseling, intervention services, and parent education. Professional training is offered to all staff, members of the community, and mental health trainees. Our agency is data-informed and community driven. We are committed to evidence-based practices, staff training and development, culturally and linguistically appropriate services, and continuous quality improvement.

Child & Family Center strongly values diversity, equity, and inclusion in its working, clinical, and learning environments. Every effort is made to create a climate in which all staff, trainees, and volunteers feel respected, comfortable, and in which success is possible and obtainable. An overall goal of the Program is working with clients, colleagues, and community members from various backgrounds. Trainees are provided opportunities to explore their own identities privilege, and discuss implicit, explicit and structural biases, discrimination of all forms, and social justice in action. Trainees are expected to develop awareness of their own biases and personal issues that may impact their work with clients through supervision, didactic trainings, and personal reflection.

We foster cultural awareness and humility by providing training on identity and culture, encouraging trainees to consult and collaborate with interdisciplinary staff members, and by challenging trainees to reflect on their own personal and cultural experiences and how these affect their work with clients.

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Diversity, equity, and inclusion are integrated in the following ways:

- The Agency adopted a comprehensive diversity, equity and inclusion aim as part of its Strategic Plan and maintains a Cultural Competency and Diversity Plan intended to reduce disparities and provide effective, equitable, understandable, and respectful quality care and services that are responsive to diverse cultural health beliefs and practices, preferred languages, health literacy, and other communication needs.
- The Agency's Cultural Awareness Team meets regularly. This Team focuses on initiatives to support the development and deployment of practical, experience-based knowledge about the beliefs, attitudes, behaviors, vocabulary, and community norms of its clients and workforce. Trainees may participate in these meetings, as appropriate.

## THE TRAINING PROGRAM

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At Child & Family Center, our Training Program is committed to the development of passionate and skilled clinicians through clinical, team-oriented, real-world experience. While we aim for opportunities for retention post-graduation, our goal overall with the practicum program is to prepare the trainees to become employment-ready at any community mental health agency.

### TRAINING OPPORTUNITIES

A variety of formal structured training sessions are provided for practicum trainees, including an initial orientation where trainings related to the Agency and the training program's policies and procedures are reviewed. Practicum trainees receive training on:

- Agency electronic health record (EHR) system
- Clinical documentation required by third-party payers
- Utilizing the evidence-based practice, Managing and Adapting Practice (MAP)
- Monthly didactic seminars.



## DIRECT SERVICE ACTIVITIES

MFT practicum trainees provide individual, collateral, family, and group therapy, and have opportunities to provide some case management. Trainees will learn skills essential for employment, including trauma-informed treatments, and will gain exposure to evidence-based practice models such as managing and adapting practice (map), motivational interviewing, cognitive behavior therapy, and seeking safety. Efforts are made to ensure that trainees receive a varied caseload in terms of age, gender, culture, and diagnosis.

## SUPERVISION

Each MFT trainee receives:

- A primary supervisor with one-hour of individual supervision each week
- Two hours of group supervision each week
- Additional supervision as necessary to support each trainee's clinical caseload and to facilitate their professional development and growth.

## TRAINING YEAR LOGISTICS

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Child & Family Center accepts trainees for practicum placement during the fall of each year with the training year beginning the first week of August. Practicum placements are a minimum of ten months; however, trainees may continue in the placement longer based on the requirements of their graduate program.

Trainee benefits:

- Two weeks (40 hours) leave time
- Agency holidays during the training year
- Wellness Week off (between Christmas Eve and New Year's Day)
- One week of orientation that includes administrative and clinical training.



## MANDATORY DAYS/TIMES

Trainees are required to attend all orientation days, which may differ from their ongoing practicum schedule.

Initial Orientation:

DATE: July 31, 2023 through August 4, 2023.

TIME: 8:30 am - 5:00 pm

- The MFT Practicum requires a minimum of 20 hours in practicum per week.
- Each Friday from 10:00 am to 3:00 pm are mandatory for training and group supervision.
- MFT Practicum trainees are expected to be in practicum three-days per week with at least two evenings until 8:00 p.m.

## STIPEND

Child & Family Center does not currently offer a stipend for the MFT practicum placement. We offer an unpaid training program that is similar to what is given in a vocational school and is for the benefit of trainees.

Trainees do not displace regular employees but work under their close supervision. Additionally, the Agency derives no immediate advantage from the activities of trainees and there is no entitlement to wages for time spent in training or a job at the conclusion of the training period.

## APPLICATION AND SELECTION REQUIREMENTS

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Child & Family Center has training agreements with several accredited graduate programs in the greater Los Angeles area. Our agency begins accepting applications from MFT trainees enrolled in these affiliated graduate programs in February for Fall practicum placement. We are not accepting trainees for Spring placement currently.





If you are interested in applying for practicum placement with Child & Family Center, please email the following information to [StudentTraining@childfamilycenter.org](mailto:StudentTraining@childfamilycenter.org)

1. A cover letter stating your area of interest, language ability and experience in community mental health
2. Resume or curriculum vitae
3. Include time availabilities for possible interviews in the email

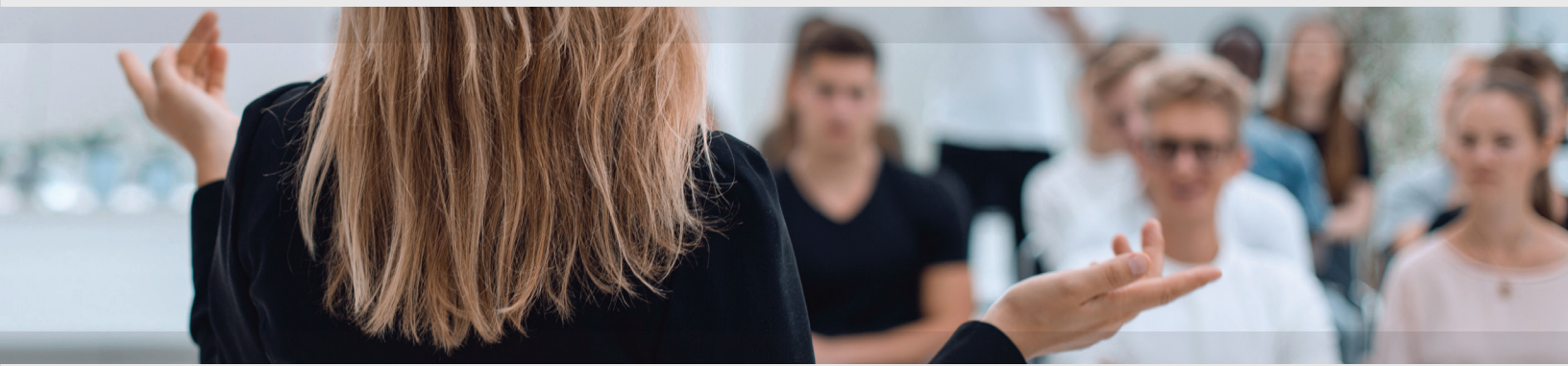
Potential candidates will be contacted to set up an interview with the Training Program Managers.

Potential applicants will be required to obtain full legal clearance from the Department of Justice (DOJ) and related California entities prior to the start of the practicum placement. Practicum placements are contingent upon obtaining full legal clearance and approval from C&FC Human Resources Department.

In accordance with the California Health Care Worker Vaccine Requirement, all employees, trainees, and volunteers at Child & Family Center must demonstrate full COVID-19 vaccination unless they meet the exemption criteria set forth in the mandate. Due to health and safety concerns related to COVID-19 and in adherence to county/state/federal mandates, some or all the Training Program activities may occur through telehealth or virtual teleconferences (e.g., therapy, assessment, supervision, didactic seminars, meetings).

Child & Family Center recognizes that the pandemic containment and associated county/state/federal responses are ongoing and fluid. The Agency continues to monitor the latest science and requirements put forth by the Centers for Disease Control and Prevention (CDC), California Department of Health Care Services/Department of Public Health, and the Los Angeles County Department of Public Health to inform the Agency's COVID-19 Safety Plan. If you have questions about the nature of training and service delivery at the time of your application, please contact the Program Managers for an update on the Agency's COVID-19 Safety Plan.





## TRAINING PROGRAM MANAGERS

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### AMY WARREN, PSYD

Dr. Warren serves as a Program Manager for the Training Program at Child & Family Center where she has worked since 2016. Dr. Warren began her role with Child & Family Center as an Early Childhood Mental Health therapist and Early Childhood Metal Health consultant providing Mental Health Services to children birth to five as well as providing consultation and training to local preschool centers with a focus on supporting children’s social emotional and behavioral health development. Key Clinical Supervisor responsibilities include managing contractual and operational relationships with universities, providing clinical supervision to all interns, overseeing intern training activities and experiences, and leading the Agency’s Committee for Continuing Education & Professional Development. Dr. Warren is a licensed psychologist specializing in children’s mental health with over 20 years of experience working with child and families in various settings. For the last ten years, she has provided trauma informed mental health services to children and families in community mental health settings. Dr. Warren earned a Bachelor of Science degree from the University of Georgia and a Psy.D. from the Chicago School of Professional Psychology. She completed her Internship at Children’s Institute Inc., Watts Site, where she received specialized training in trauma-informed treatment and early childhood mental health. Dr. Warren completed training in various evidence-based practices, including Trauma Focused Cognitive Behavioral Therapy (TF-CBT), Seeking Safety, Motivational Interviewing (MI), Incredible Years (IY) Social Skills Group Facilitator, Child-Parent Psychotherapy (CPP) and Triple P.



## KELLY DORSEY, PHD

Dr. Dorsey is a licensed psychologist with over 15 years of experience working as a mental health therapist and currently serves as a Program Manager for the Training Program at Child & Family Center. Dr. Dorsey received a BA degree from the University of California, Irvine, majoring in psychology and political science. She continued her studies in clinical psychology at the California School of Professional Psychology at Alliant International University, Los Angeles, earning an MA and PhD. While at Alliant, Dr. Dorsey completed a practicum placement with The Children’s Collective, which provided the opportunity to learn about community mental health services for preschool aged children and their families in Head Start preschools throughout South Los Angeles. In addition, Dr. Dorsey provided therapy to teenagers at an afterschool program at a south Los Angeles High School. She completed two internships at Child & Family Center and Verdugo Mental Health Center. At all three training placements, Dr. Dorsey received training and experience in psychological assessment. After graduation, Dr. Dorsey began working at Didi Hirsch Mental Health Services, providing therapy to children, teens, and families as well as conducting psychological assessments and providing consultation to other staff members regarding differential diagnosis and treatment planning. After becoming licensed, Dr. Dorsey began supervising psychology interns and unlicensed staff psychologists and developed an interest in working within a training department. Dr. Dorsey has also completed training in various evidence-based practices, including Trauma Focused Cognitive Behavioral Therapy (TF-CBT), Seeking Safety, Crisis Oriented Recovery Services (CORS), Managing and Adapting Practices (MAP), Families Overcoming under Stress (FOCUS), Motivational Interviewing (MI), and Child-Parent Psychotherapy (CPP). In addition to managing the Training Program, Dr. Dorsey also serves as the Testing Program Manager and supervisor, provides clinical supervision to staff and students, and currently serves as a MAP trainer and supervisor for the Student Training Program..

## CONTACT INFORMATION

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The Program Managers, Amy *Warren, Psy.D.* & Kelly *Dorsey, Ph.D.* can be reached by email at: [StudentTraining@childfamilycenter.org](mailto:StudentTraining@childfamilycenter.org) or by phone at (661) 259-9439.

### AGENCY INFORMATION

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